

LALITPUR METROPOLITAN CITY

FINAL EXAMINATION- 2081

Class : 8

Full Marks : 50

Sub: English (Reading and Writing)

Time: 2 hrs

Candidates are required to give their answer according to the given instructions.

1. Read the given poem and complete the sentences using correct word from the poem. (5 × 1 = 5)

Long Life

Life is too short to be spent
gripping about the past,
things you don't have,
places you haven't seen,
things you haven't done.

Life is too short to be spent
holding grievances against another,
finding fault in your brother,
counting the wrongs done on you.

Life is just long enough
to enjoy the beauty of a sunrise,
the smell of wet earth,
and the sound of laughter,
after a long day's work.

Life is just long enough
to practice compassion and generosity,
to comfort the grieving,
to lend strength to the fainthearted,
and direction to the lost.

- Tricia Mae Chua

- a. Life becomes short if we hold against others.
- b. Counting the wrongs people have done on you makes the life.....

- c. We should cherish the simple joys of life-like nature's beauty and moments ofand
- d. Life is just long enough to the grieving.
- e. The poem is an appeal to make our life.....

2. Read the text below and write whether the given statements are True or False. (5×1 = 5)

Have you ever accidentally left your phone at home before leaving? How would you feel if you forgot your mobile phone at home? Some might feel scared, and others might feel completely lost. I think it is not very enjoyable to many of us. In modern day life, smart phones have become a vital part and without them we feel like we are incomplete.

Most of us use smart phones every day to surf the internet and social media, check emails, listen to music, play games, watch videos, take photos, read news and write text messages. Most importantly, we use them for their original purpose, to make phone calls. Now all these activities can be done using a single device. If you think of the time 25 years back, some of them were not even possible. Smart phones have changed the way we live quite drastically.

The way we retrieve information has also been changed. We use smart phones to find information on the web. Today, we can access any kind of information anytime and anywhere. The same is true for communication too. Our smart phone offers us several ways of communication: calling, messaging, sending email, using social media, etc.

The fact that we can get any information anytime we want has an impact on our way of living. Studies have found that we are very likely to forget the information which we know we can easily retrieve again. When someone asks us a question, we tend to think about how we can find the answer on the internet rather than thinking about answering it ourselves.

- a. Smart phones are primarily used for making phone calls.
- b. Smartphones have made it harder for us to retrieve information from the internet.

- c. If you forget your phone at home, the text suggests that it would not affect your day much.
- d. The text suggests that smartphones have made our lives more convenient by providing various services in one device.
- e. The ability to access any information anytime has impacted how we live, according to the text.

3. Read the text and put the sentences in the correct order. (5×1 = 5)

Cristiano Ronaldo is among the world's best footballers to ever live and a testimony to hard work and determination. Coming from an era of essentially a poor family in the tiny island of Madeira in Portugal, Ronaldo's rise to stardom was far from easy. He was talented from childhood, but he had a struggling family financially. Even at the tender age of 12, he abandoned his home and family in Mozambique Torome in Lisbon, Sporting CP youth academy.

Ronaldo first made his breakthrough at Manchester United, where he developed, and started to express himself as a footballer on a different level. He was accused by some circles of being ostentatious and was easily dismissed whenever he was young.

But there was a great difference: he surpassed everyone, at least on the American front, in work capacity, training and wish to win. Ronaldo played for Real Madrid, wherein he created history and the Victory of multiple titles including the Ballon d'Or several times.

Apart from the playing field, Ronaldo is a charitable person and willing to pay it forward and that makes his story more inspiring. He often makes donations to many organizations and sometimes uses his shows to promote issues such as child- hunger and after-effects disasters.

His relentless pursuit of excellence, combined with his humility and generosity, offers a powerful lesson for students: There is a truism that one is born with talent, but greatness one earns over time.

The world is replete with bright and outstanding individuals to the extent that one can think of nothing that has not been achieved by someone somewhere. All of them have contributed immensely in their various fields and are therefore constantly making imprints on any learner that tries to venture into the same field.

- a. Manchester United is the club where Ronaldo made his first breakthrough.
- b. Ronaldo was easily dismissed from the team by the accusation of some circle.
- c. His pursuit of excellence is a powerful lesson for students.
- d. Cristiano Ronaldo was born in a financially struggling family.
- e. Ronaldo is charitable person that makes his story inspiring.

4. Read the text and do the tasks that follow.

Most of us know how strenuous exercise can result in aching limbs the following day. But now scientists have discovered that the benefits to the brain can also be felt a day later. University College London (UCL) researchers found that the short-term boost our brains get after we do exercise persists throughout the following day. Those who did more moderate to vigorous physical activity than usual on a given day did better in memory tests the day after. Experts said the improvements could be achieved by something as simple as running up the stairs.

In the short term, exercise increases blood flow to the brain and stimulates the release of neurotransmitters such as norepinephrine and dopamine which help a range of cognitive functions. These neurochemical changes are understood to last up to a few hours after exercise. However, other studies have shown brain states linked to exercise were more long-lasting, with evidence suggesting exercise can enhance mood for up to 24 hours. Participants, aged 50 to 83, wore activity trackers for eight days and took cognitive tests each day. Scientists analyzed how long they spent being sedentary, doing light physical activity, and doing moderate or vigorous physical activity.

They also quantified sleep duration and time spent in lighter (rapid eye movement, or REM) sleep and deeper, slow-wave sleep. After factoring in average levels of activity and sleep, they found that more moderate or vigorous physical activity compared to a person's average was linked to better working memory and episodic memory (memory of events) the next day. These benefits were also felt by people who spent less time sitting and had six hours or more of sleep. More sleep overall was linked to improved episodic and working memory and psychomotor speed, a measure of how quickly a person detects and responds to the environment.

A. Match the words in column 'A' with their meaning in column 'B'.

(5×1=5)

Column 'A'

a. enhance

b. stimulate

c. strenuous

d. neurochemical

e. psychomotor

Column 'B'

i. having great vigour or energy.

ii. relating to the function of muscles under mind's control.

iii. a substance that is involved in neural activity.

iv. to encourage into action

v. any measure of central tendency

vi. to make something greater.

B. Answer the following questions.

(5 × 1 = 5)

a. What have the scientists discovered about the exercise?

b. How are norepinephrine and dopamine useful to us?

c. Who were analyzed by the scientists?

d. What does REM stand for?

e. Give a suitable title to the text.

5. Identify and correct the punctuation errors in the given passage.

(10×0.5=5)

Everyone asked, how will the king be able to choose a wife The barber, rahaman replied, "I am afraid I will have great trouble finding a worthy lady for the king" ahmad asked the barber if he could think an idea about finding a suitable lady for the king. After some time the barber shouted, "Oh, my Gosh, I got an idea. Its really wonderful" There was a silence after that

6. Develop a readable story using the clues given in the box and give a suitable title to it. (5)

A gentleman has a son... the son lives in a bad company... doesn't care for father's advice...one day, the father buys a box of apples... says to his son," they will all be yours tomorrow... tells him to put a rotten apple in the middle of the apples... next day, the boy complains: all the apples are rotten... father replies... moral

7. Write a thank you letter to your father/mother who supports you in each steps of your academic journey managing money and reading materials in spite of being unemployed. (10)

Or

Write an essay on: "Importance of science and technology in your daily life."

8. Change the following sentences as indicated in the brackets.

(5 × 0.5 = 2.5)

- a. She'll complete her project work in time.? (Supply a correct tag)
- b. I have already met him. (Change into negative sentence)
- c. Pranit has eaten an apple. (Change into present continuous tense)
- d. My brother requested me to help him. (Change into direct speech)
- e. The teachers have solved the problem. (Change into passive voice)

9. Choose the correct answer from the given option in the brackets:

(5 × 0.5 = 2.5)

- a. It costs ten rupees.....kilo. (a/an/the/nothing)
- b. He went.....the room and began to watch movie. (onto/into/in)
- c. We played football.....it was raining. (because/although/in spite of)
- d. What would you do if you.....your pen? (lost/had lost/ lose)
- e. A pair of sunglasses.....left on the beach yesterday. (have/were/was)

The End